

A Musical Moment by Amy

April 30th – **Amazing Grace**: **Sub-Lt. Abbigail Cowbrough**

This musical moment highlights a simple fact. While we were engrossed in COVID-19 the world continued to turn on its axis. There are good stories of paying it forward mixed in with the sadness of disappointment, intolerance and disillusionment. Nova Scotia has been hit hard with the shooting incident almost two weeks ago and the funerals held last week and the beginning of this.

Now, our neighbours to the east have been sent another blow. A Canadian military helicopter crashed on Wednesday during a military training operation and so far, only one person has been recovered. The body of Sub-Lt. Abbigail Cowbrough, aged 23, formerly of Peterborough, Ontario and now from Nova Scotia, was found. In a press release her Regal Heights Baptist Church family said they "...have lost a wonderful woman...in this tragic accident."

Last week, Sub-Lt. Cowbrough played a tribute to the fallen after the rampage in Nova Scotia, and now this week, we remember six fallen members of the Canadian Armed Forces. May we be able to closet ourselves away from our worries for the 53 seconds that this recording plays and recognize the ultimate sacrifices that have been and are continuing to be made by our military and frontline workers. May we uphold them in prayer and be grateful for the **amazing grace** that has been bestowed upon us by God, our Father.

Thank you for your service and may you rest in peace, Sub-Lt. Cowbrough; Capt. Brenden Ian MacDonald; Capt. Kevin Hagen; Capt. Maxime Miron-Morin; Sub-Lt. Matthew Pyke; and Master Cpl. Matthew Cousins, all who were on the Cyclone's ill-fated flight from HMCS Fredericton.